

# MONTGOMERY COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES

## OFFICE OF PUBLIC HEALTH

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## MOSQUITOES

### LET'S CHECK THE SPREAD OF WEST NILE VIRUS

West Nile virus has spread from coast to coast since first being identified in New York City in 1999. Since West Nile Virus is transmitted through the bite of an infected mosquito, **don't let mosquitoes get to you!**

#### CLEAN YOUR YARD NOW!

##### Get rid of *anything* that collects water:

- Old tires
- Buckets
- Flowerpots
- Tin cans
- Drums, etc.
- Patrol the area after **every** rain

##### Keep puddles from forming:

- Fill in any ruts or low places
- Repair leaky pipes/outdoor faucets
- Make sure drains/gutters/etc. are clear of debris

##### Stop stagnant water:

- Change the water in kiddie pools and birdbaths every week (Empty and store if you are going away)
- Cover trash containers/recycle bins, etc.
- Empty drip trays under planters
- Fill in tree rot holes that hold water and hollow stumps with sand or concrete
- Chlorinate your pool if open, or close it and keep cover drained

##### And don't forget to:

- Keep grass cut short and bushes trimmed near your house so mosquitoes can't hide
- Fix your screens before mosquito season starts
- Call your local authorities if you see standing water that you cannot clean up yourself

#### AVOID MOSQUITO BITES!

Stay indoors when mosquitoes are biting during dusk, dawn and after rain. *If you must go out:*

- ✓ Wear long sleeves
- ✓ Wear long pants (tuck into socks)
- ✓ Wear closed shoes (no sandals)
- ✓ Avoid damp grassy areas

**Wear a light repellent containing DEET. Use with care and check product label.**

##### For more information:

Montgomery County Office of Public Health  
PA Department of Health  
Department of Environmental Protection

610-278-5117  
1-877-PA-HEALTH  
484-250-5900

[www.health.montcopa.org](http://www.health.montcopa.org)  
[www.westnile.state.pa.us](http://www.westnile.state.pa.us)  
[www.dep.state.pa.us](http://www.dep.state.pa.us)

