

## Residential Services

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Residential programs offer a continuum of supportive services, ranging from secured treatment settings to supported living arrangements. The primary goal of these programs is to prepare residents with the array of skills, supports, and resources needed to maintain their own independent community housing.

More information about admission to any mental health residence can be provided by your [local case management office](#).

### **Full Care Community Residential Rehabilitation (CRR)**

The full care CRR programs are a supervised licensed residential program designed to assist the individual in the development of daily living skills and social supports. Full care CRRs provide 24-hour staffing. These programs are time-limited and intended to be transitional, with people moving on to more independent living arrangements.

### **Moderate Care Community Residential Rehabilitation (CRR)**

The moderate care CRR programs are licensed residential programs designed to assist individuals in the areas of life skills training and social supports. Moderate care CRRs do not provide on-site staffing 24-hours. Moderate care CRRs provide staffing as needed for the individuals served and vary from program to program.

### **Licensed Personal Care Home (PCH)**

Personal care homes are licensed facilities that provide long-term specialized supports to individuals needing assistance in the areas of daily living skills, medication management, laundry, nutrition management, and meal preparation. PCHs provide 24-hour staffing. Traditionally these programs have served individuals who are being discharged from Norristown State Hospital, or who have a very high level of daily needs.

### **Supported Living and Specialized Shared Housing Programs**

Supported living and specialized shared housing programs offer support services and/or housing assistance to individuals with mental illness. Generally these are shared apartments in the community where a person can stay as long as he or she desires. Support services vary according to the individual's needs and preferences. Some specialized programs have been designed to offer supports to individuals who are being discharged from Norristown State Hospital.

### **Modified Therapeutic Community**

Highly structured residential program for individuals who are recovering from both mental illness and substance abuse issues. The program based on peer-community philosophy that assists residents in moving through treatment stages.

### **Long Term Structured Residence (LTSR)**

An LTSR is a highly structured therapeutic residential mental health treatment facility which is licensed by the Pennsylvania Department of Public Welfare. It is a secured setting with intensive staff support and a full array of clinical services offered on site. It is designed to serve adults who are eligible for hospitalization but who can receive the same level of care in a non-hospital setting. Residents are admitted on either voluntary or involuntary commitments pursuant to the Mental Health Procedures Act.

### **All Inclusive Residence (AIR)**

The AIR program is licensed as a CRR by the Pennsylvania Department of Public Welfare under title 55, chapter 5310. It provides all of the residential supports of a Full Care CRR in addition to a full array of clinical services on site. It is intended to be transitional with the goal of helping individuals develop skills to live more independently.

### **Co-Occurring Programs**

For more information about services for co-occurring diagnoses, click [here](#).