



Montgomery County Fire Academy Medical Release Form

Name of Student (print): _____

Fire Service Organization: _____

A student participating in basic fire training may be required to wear fire protective clothing and self-contained breathing apparatus weighing at least 50 pounds in hazardous atmospheres, perform firefighting and rescue operations that expose them to extreme heat, toxic products of combustion and hazardous materials. They may also be required to lift, carry and raise ladders, stretch charged 1 ¾ “ and 2 ½” hose line, climb ladders up to 35 feet in height and use tools such as a saw, fire axe or halligan tool to open simulated roofs and locked doors. Students may achieve heart rates of 85 to 100% of their maximum capacity during training operations. A student with a casual blood pressure reading BP systolic >160 mm Hg or BP diastolic >100 mm does NOT meet the medical requirements for a firefighter candidate as required by the NFPA Standard 1582-2013 Edition.

Because of the physically strenuous nature of training, students who wish to participate in basic fire training at the Montgomery County Fire Academy must be approved by a Physician or other Licensed Health Care Professional. Students who have received a fire department physical examination within the past 36 months and were approved for fire duty can participate in training if their Fire Chief or Training Officer attests to their active-duty status by signing below.

Print Name: _____ Date: ____/____/_____.

Signature: _____ Fire Company: _____.

Without a recent (within the past 36 months) fire-company physical, a physician or other licensed health care professional must approve the student for training by signing below.

I have examined _____ and I am satisfied that this individual is medically fit to participate in fire training as described above.

Physician's name: _____

Address: _____ Telephone: _____.

Physician's signature: _____ Date: ____/____/_____