

# CAMPS & RECREATION

## COVID-19 Recommendations

### CDC'S COMMUNITY LEVEL METRICS

Camps and Recreation should follow the prevention steps recommended by [CDC's Community Levels by County](#). Montgomery County, PA specific data can be found at the [COVID-19 Data HUB](#).

### CLEANING

[Clean and disinfect](#) high touch surfaces, including all shared equipment.

### CONTACT TRACING

Universal case investigation and [contact tracing](#) are not routinely recommended for individual cases of COVID-19. Contact tracing is required by Montgomery County Office of Public Health (MCOHP) during an outbreak response. [Test to Stay](#) is a tool to support in-person learning, which is supported by MCOHP.

### ISOLATION & QUARANTINE

Individuals with COVID-19 are required to [isolate](#) for at least 5 days. Individuals identified as a close contact who are not [Up to Date](#) on vaccine, or have not been diagnosed with COVID-19 within the last 90 days are required to [quarantine](#).

For more information on Isolation and Quarantine length, [visit the calculator](#) and click Get Started.

### VACCINATION

COVID-19 vaccination is the **best** way to protect against severe illness. Encourage attendees and staff to [Stay Up to Date](#) on COVID-19 vaccines.

### HAND HYGIENE

- Encourage [regular hand washing](#) before eating and any group play.
- Utilize [hand sanitizer](#) when soap and water is not feasible.

### SYMPTOM MONITORING

- Encourage attendees and staff to stay home when they are feeling sick.
- Continue [symptom monitoring](#) and health screenings throughout camp or recreational activities.
- Recommend [COVID-19 Testing](#) if symptoms occur.

### COVID-19 OUTBREAKS

MCOHP defines an outbreak as 3 or more cases of COVID-19 among attendees and/or staff, without other identified epidemiological linkages within 14 days, in a specific exposure setting. **Outbreaks of COVID-19 are required to be [reported to MCOHP](#) within 24 hours.** Additional guidance and prevention strategies will be provided to decrease the risk of spread.

