

# COMMUNITY CONNECTIONS

**DO YOU NEED HELP AND DON'T KNOW WHERE TO START?**


**HOURS**  
8:00 AM - 4:30 PM  
Monday - Friday

**PHONE**  
610-278-3522

[www.montcopa.org/communityconnections](http://www.montcopa.org/communityconnections)

**WE CAN HELP LINK YOU TO RESOURCES:**

- Services for seniors
- Mental health services
- Employment
- Child care
- Food
- *And more!*

  
Montgomery County Board of Commissioners  
Valerie A. Arkoosh, MD, MPH, Chair  
Kenneth E. Lawrence, Jr. Vice Chair  
Joseph C. Gale, Commissioner

  
Montgomery County  
Office of Community Connections

  
@HHSMontcoPA

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