COVID-19 School Isolation & Quarantine

Updated January 24, 2022 and subject to change at any time

References supporting this document are linked in document and/or provided at bottom of chart. Refer to links for further guidance.

Symptom Screening Recommendations

Individual should be tested for COVID-19.

- If test result is negative OR doctor’s note with differential diagnosis, return to school after 24 hours afebrile and resolving respiratory symptoms
- If test result is positive or individual is unable/refuses to get tested, follow guidance for isolation for Covid-19

Isolation Requirements for Covid-19

Per Montgomery County Public Health Code, pertaining to the reporting, isolation, quarantine, and respective disease control measures (including contact tracing) for the control of communicable diseases.

<table>
<thead>
<tr>
<th>Symptom Screening Results</th>
<th>WITH SYMPTOMS</th>
<th>WITHOUT SYMPTOMS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive COVID-19 PCR or Antigen (Point of Care) Test</td>
<td>May return to school after:</td>
<td>May return to school after:</td>
</tr>
<tr>
<td></td>
<td>• 24 hours with no fever AND</td>
<td>• 5 days after specimen was collected</td>
</tr>
<tr>
<td></td>
<td>• Resolving symptoms AND</td>
<td>Masks worn around others days 6-10</td>
</tr>
<tr>
<td></td>
<td>• 5 days since symptoms first appeared</td>
<td>If symptoms develop during the 5 days, follow school guidance for positive PCR or Antigen test</td>
</tr>
<tr>
<td></td>
<td>Masks worn around others days 6-10</td>
<td>WITH symptoms</td>
</tr>
</tbody>
</table>

Quarantine Requirements for Covid-19

Per Montgomery County Public Health Code, pertaining to the reporting, isolation, quarantine, and respective disease control measures (including contact tracing) for the control of communicable diseases.

COVID-19 Symptoms

- Two of the following: fever (measured or subjective), chills, fatigue, myalgia, headache, sore throat, congestion or running nose, nausea, vomiting, or diarrhea
- One of the following: cough, shortness of breath, difficulty breathing, or new loss of taste or smell (click here for full CDC list)

Positive COVID-19 PCR or Antigen (Point of Care) Test

- Individuals should be tested for COVID-19
- If test result is negative OR doctor’s note with differential diagnosis, return to school after 24 hours afebrile and resolving respiratory symptoms
- If test result is positive or individual is unable/refuses to get tested, follow guidance for isolation for Covid-19

Isolation Requirement

WITH SYMPTOMS
- Quarantine for 5 days after last exposure
- Testing is recommended on day 5 exposure
- Masks worn around others days 6-10

IF SYMPTOMS RESOLVE
- Refer to isolation requirements
- K-12 Schools can opt-in to Mask to Stay
- Household contacts may require further investigation, but are to follow the above guidance.
- Monitor symptoms for 10 days. If symptoms develop follow return to school for Close Contact with symptoms.

WITHOUT SYMPTOMS
- Wear a mask around others for 10 days

COVID-19 Vaccination

- People do NOT need to quarantine after an exposure if they meet ONE of the following criteria:
  - Age 18 or older and have received all recommended vaccine doses, including boosters if eligible, and additional primary shots for some immunocompromised people*
  - Age 5-17 years and completed the primary series of COVID-19 vaccines*
  - Age 18 or older and have received all recommended vaccine doses, including boosters if eligible, and additional primary shots for some immunocompromised people*

- People who completed the primary series of COVID-19 vaccines and are asymptomatic must remain asymptomatic since last exposure

- Testing is recommended on day 5 after last exposure AND wear a mask around others for 10 days.

- Refer to isolation requirements
- Symptoms develop: repeat testing, isolate while waiting for results & follow sick policy
- Monitor for symptoms of COVID-19 for 10 days following last exposure

COVID-19 Recent Infection Exception

- People who had a positive diagnostic test for Covid-19 within the last 90 days before their last exposure do not need to quarantine if they remain asymptomatic.
- Wear a mask in around others for 10 days after exposure

CDC: What we know about Quarantine and Isolation

601 10/15/21 - UPD: Point of Care Antigen Test Use and Interpretation

CDC Updates and Shortens Recommended Isolation and Quarantine Period for General Population

*For the purpose of this guidance, individuals are considered Fully Vaccinated at least 14 days after completion of the primary series. Individuals are considered Up to Date the same day as receipt of a booster dose.

Quarantine and Isolation Calculator (TN Dept. of Health)

601-10/1/2021 - UPD ADV - Quarantine Recommendations After SARS-CoV-2 Antibody Test


619 1/7/2022 - UPD - Isolation and Quarantine Periods for Covid-19 for the General Population

References supporting this document are linked in the document and/or provided at the bottom of the chart. Refer to links for further guidance.