RE: First Responder PPE Guidance

Date of original issue: 25 February 2020 / Update: 7 March 2020

We recommend all first responders adhere to CDC recommended PPE guidelines. Please review with your staff:

**Recommended Personal Protective Equipment (PPE)**

- **All first responders that are not in direct patient contact** should stand at least 6’ feet away from the patient and utilize all available PPE up to the level of Standard, Contact, and Airborne Precautions. **Minimum** recommended PPE includes:
  - A single pair of disposable patient examination gloves.
  - Respiratory protection

- **First Responders who will directly care for a patient with possible COVID-19** infection or who will be in the compartment with the patient should follow Standard, Contact, and Airborne Precautions, including the use of eye protection. Recommended PPE includes:
  - A single pair of disposable patient examination gloves. Change gloves if they become torn or heavily contaminated. Gloves should ideally have an extended cuff to cover the sleeve of the gown
  - Disposable isolation gown,
  - Respiratory protection (i.e., N-95 or higher-level respirator), and
  - Eye protection (i.e., goggles or disposable close-fitting eyewear that protects the eyes from droplets).

When doffing PPE, it is recommended to use an alcohol-based hand sanitizer on the first responder’s gloved hands prior to removal of gloves to reduce the change of inadvertent self-contamination.

- All personnel should avoid touching their face while working.


As updated credible information becomes available, we will share with all First Responders as appropriate.

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