

Resources for Working with Individuals with Hoarding Behaviors

BOOKS:

- Buried in Treasure: Help for Compulsive Acquiring, Saving and Hoarding, Randy Frost and Gail Steketee, Houghton Mifflin Harcourt Press, (2010).
- Compulsive Hoarding and Acquiring: Treatment that Works, Workbook Randy Frost and Gail Steketee, Houghton Mifflin Harcourt Press, (2010).
- Digging Out: Helping Your Loved One Manage Clutter, Hoarding and Compulsive Acquiring, Michael A. Tompkins and Tamara L. Hartl (2009).
- Stuff: Compulsive Hoarding and the Meaning of Things, Randy Frost and Gail Steketee (2010).
- The Hoarding Handbook: A Guide for Human Service Professionals. Bratiotis, C., Schmalisch, C., & Steketee, G. Oxford University, (2011).

WEBSITES:

- Philadelphia Hoarding Task Force - <http://www.philadelphiahoarding.org>
- Helping Hoarders Help Themselves - <http://www.helpforhoarders.co.uk/self-help/>
- Cluttergone - <http://www.compulsive-hoarding.org/index.html>
- Hoarding Fact Sheet - <http://www.beachpsych.com/pages/cc80.html>
- Mayo Clinic – <http://www.mayoclinic.org/diseases-conditions/hoarding/basics/definition/CON-20031337>
- Web MD - <http://www.webmd.com/mental-health/features/harmless-pack-rat-or-compulsive-hoarder?>
- Fire prevention - <http://www.nfpa.org/public-education/by-topic/safety-in-the-home/hoarding-and-fire-safety>