

HOW DO I APPLY FOR THE FAMILY CAREGIVER SUPPORT PROGRAM?

To qualify for the Family Caregivers Support Program you must meet the following criteria:

- You must be caring for a family member who lives with you.
- You must be caring for someone who is over 60 years of age or who is under 60 but suffering from chronic dementia or Alzheimer's disease.
- The person receiving the care must have a disability requiring assistance with the activities of daily living.
- The family income must not exceed 380 percent of the federal poverty guidelines.

Family Caregiver Support Program

Office Open Monday – Friday
8:00 am to 4:30 pm

Central Office:

Human Services Center
1430 Dekalb St., Box 311
Norristown, PA 19404-0311
(610) 278-3601
Fax (610) 278-3769

ELDER ABUSE HOTLINE

To report a case of suspected elder abuse to Protective Services, call 1-800-734-2020



Montgomery County Board of Commissioners

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www.montcopa.org/mcaas

FAMILY CAREGIVER SUPPORT PROGRAM

A service of the Montgomery County Office of Aging & Adult Services (AAS)

About the Program

Caregivers often struggle with the physical, emotional and financial stress that can come from providing care to a disabled loved one. The Caregiver Support Program assists caregivers with what they need to continue caring for their loved ones at home. The program is designed to reduce caregiver stress and reinforce the care provided to dependent, older adults within the home. A care manager will work with family caregivers to plan for supportive services which will meet the needs of the older person receiving care. The care manager will counsel families as to the benefits, services, supplies, home modifications and equipment that are available to assist in reinforcing caregiving within the home.

Depending upon the family's annual income, eligible families may receive reimbursement for needed services and supplies. This may allow a caregiver to purchase respite care, adult day care, personal care or other services essential to caring for their family member. Caregiving supplies such as disposable briefs, bedpads or other medical equipment and supplies may be purchased by the caregiver and reimbursed through this program as well.

The important feature of this program is that it focuses on the needs of each caregiver and allows for flexibility and choice. The caregiver can work with the care manager to choose what is most needed to continue providing care within the home.

Some specific services available through the program include:

- *Reimbursement for necessary services and supplies*
- *Support of a care manager to assist the caregiver in coordinating the plan of care*
- *Benefits Counseling*
- *Caregiver education, training and support*
- *Assistance in modifying the home environment and purchasing assistive devices*

How Does it Work?

Once referred to the program, a trained care manager will visit the family to assess the individual situation and to work with the family to develop a plan of appropriate care and services for their family member.

Families are made aware of benefit programs and services to assist them. Based on the family income, some caregiving expenses may be reimbursed each month to assist low to moderate income families in providing care to older relatives. The care manager will continue to work with family on an ongoing basis to support the caregiving relationship.