



GET THE FACTS: FAMILY SUPPORT PROGRAMS IN MONTGOMERY COUNTY

Montgomery County, Pennsylvania has a vast array of maternal and early childhood family support programs available for families, pregnant women, and children up to age three. These programs are designed to improve maternal and child health, encourage positive parenting, and promote child development and school readiness through home visiting services. Families who participate in local family support programs receive advice, guidance and other help from health, social service and child development professionals. Through regular, planned home visits, parents learn how to improve their family's health and provide better opportunities for their children.



The benefits of home visiting²

<p>INCREASES</p> <ul style="list-style-type: none"> parenting confidence & competence quality of parent-child interactions school readiness safety & stimulation in home environments maternal health child development & health 	<p>DECREASES</p> <ul style="list-style-type: none"> low-weight births child language or cognitive delays maternal depression & stress maternal alcohol & tobacco use child maltreatment child mortality from preventable causes later juvenile crime
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What is the Maternal and Early Childhood Consortium of Montgomery County?

The Montgomery County Maternal and Early Childhood Consortium (MECC) believes that a collaborative prevention approach can lead to families receiving the support they need, which will in turn promote positive birth outcomes, family stability, and healthier communities. Montgomery County is a community with a variety of effective and evidence-based family support programs that are proven to have positive outcomes and be beneficial to families, pregnant women, and children up to age three.

* Evidence-based programs are proven to be effective through large studies, which are scientifically evaluated to measure positive outcomes that can be replicated with multiple populations.¹

* For a list of evidence-based family support programs in your area, please see the next page.

1. *Defining Evidence Based Programs.* PennState U, EPISCenter. 10 May 2016. <<http://www.episcenter.psu.edu/ebp/definition>>.
 2. Examples of favorable outcomes of home visiting program across 83 research studies, as summarized by Wilson, A. McClure, M. and Phillips, S. (2013) *Home Visiting in Texas: Current and Future Directions.* TexProtects, the Texas Association for the Protection of Children. 3 Feb. 2016. <http://texprotects.org/media/uploads/docs/final_home_visiting_report_03.11.13.pdf>.

EVIDENCE-BASED FAMILY SUPPORT PROGRAMS IN MONTGOMERY COUNTY, PENNSYLVANIA

CONTACT INFORMATION	ELIGIBILITY	SERVICE AREA
NURSE FAMILY PARTNERSHIP		
Montgomery County Health Department 1430 DeKalb Street Norristown, PA 19404 www.nursefamilypartnership.org	Ailene Keys 610-278-5117 Income eligible pregnant women before 28 weeks of pregnancy expecting their first child.	County-wide
MATERNAL CHILD HEALTH HOME VISITING PROGRAM		
Montgomery County Health Department 1430 DeKalb Street Norristown, PA 19404 www.montcopa.org/1133/Maternal-Child-Health	Ailene Keys 610-278-5117 Pregnant women, new parents and their babies	County-wide
MONTGOMERY COUNTY EARLY INTERVENTION		
Montgomery County Department of Early Intervention 1430 DeKalb Street Norristown, PA 19404 www.montcopa.org/745/Early-Intervention	Intake 610-277-7176 Children from birth to three (3) who you suspect may have a delay in one or more areas of development or are at risk for developmental delays.	County-wide
PARENTS AS TEACHERS		
Norristown Family Center 1314 DeKalb Street Norristown, PA 19401 Pottstown Family Center 1976 East High Street Pottstown, PA 19464 www.parentsasteachers.org	Bethany Smith 610-279-2755 Jessica McCartin 610-326-1610 Expecting and parenting families of young children.	Norristown/ North Penn & Pottstown
EARLY HEAD START		
Norristown Early Head Start 401 DeKalb Street Suite 300 Norristown, PA 19401 Pottstown Early Head Start YWCA 315 King Street Pottstown, PA 19464 www.maternitycarecoalition.org	Karen Washington Phone: 610-277-1505 Justine Pascal Phone: 610-819-6200 Income eligible pregnant women and families with a child under age three (3).	Norristown (19401, 19403, 19405, 19406, 19407, 19408, 19428, and 19462); Pottstown (19464)
HEALTHY START		
148 Church Street Phoenixville, PA 19460 www.nationalhealthystart.org	610-917-1360 Pregnant women and new mothers with children under the age three (3).	Pottstown (19464)
HEALTHY FAMILIES AMERICA		
MOMobile Healthy Families America www.maternitycarecoalition.org www.healthyfamiliesamerica.org	610-713-0570 Pregnant women or Parenting families with a child under three (3) months. Serving children from birth to age three (3).	North Penn and Souderton School Districts