



NEWS

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FOR IMMEDIATE RELEASE: October 9, 2015

MY FEST of Pennsylvania Annual Youth Event
Saturday, October 17, 2015 from 12:00pm to 4:00pm

Lansdale, PA (October 9, 2015) – The Montgomery County Department of Behavioral Health supports Magellan Youth Leaders Inspiring Future Empowerment (MY LIFE) MY FEST '15. This annual event will take place on Saturday, October 17, 2015 at White's Road Park in Lansdale, PA from 12:00pm to 4:00pm. MY FEST is a free event produced almost entirely by its youth and young adult participants, and aims to raise awareness and reduce the stigma about mental health, substance abuse, foster care, and juvenile justice-related issues. MY FEST Pennsylvania features live music, performances, art, games, and a variety of youth and family-based organizations offering resources and services for youth and families. The MY LIFE groups hold this annual community event to raise awareness and reduce stigma about mental health, substance abuse, and foster care issues facing youth and young adults. To date, five MY FEST events have been held in Pennsylvania with over 2,000 youth and families attending.

MY LIFE youth groups were established by Magellan Behavioral Health of Pennsylvania, Inc. in Montgomery, Bucks, Delaware, Lehigh, and Northampton Counties in early 2011. MY LIFE is an empowering leadership group for youth ages 13 to 23 who have experience with mental health, substance abuse, foster care, or juvenile justice issues; and who want to use their experience to help improve the systems that serve youth. The MY LIFE group meets monthly in each county. In Montgomery County the MY LIFE group meets on the second Wednesday of the month from 5:30pm to 7:30pm at the Montgomery County-Norristown Public Library.

Other supporters of MY LIFE and MY FEST include Magellan Behavioral Health of Pennsylvania, Inc., Bucks County Behavioral Health, Delaware County Office of Behavioral Health, Lehigh County HealthChoices, Northampton County HealthChoices, and a variety of youth service organizations.

For more information about MY LIFE, contact Tim Connors at 215-504-3961 or via email at TJConnors@MagellanHealth.com or check out www.facebook.com/MYLIFEyouth.

For more information about the Montgomery County Department of Behavioral Health/Developmental Disabilities, please contact Alyssa Snyder at 610-278-5659.