



NEWS

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RELEASE: April 20, 2015

Parsley: The Quiet Herb, Master Gardener Presentation at Pennypacker Mills
Saturday, April 25, 2015 from 10:00am to 11:00am

Schwenksville, PA (April 20, 2015) – On Saturday, April 25, 2015 from 10:00am to 11:00am, Master Gardener Jane Irvin will present a free PowerPoint talk on the amazing health benefits of the herb parsley. This herb is one of the most commonly used herbs in American cuisine, used in soups, stocks, sauces, and as a garnish. Often parsley is the only thing left on the plate at the end of the meal, when it may actually have been the most nutritious item. According to Irvin, “Parsley is a powerhouse of vitamins and minerals to add to your life.” Parsley isn’t one of those herbs with a lasting fragrance, but it is especially rich in vitamin K. Irvin suggests that everyone can easily grow parsley, either indoors or outdoors, to add to their diet.

Jane Irvin has been lecturing on the uses of herbs for twenty-four years. She has been a member of the Herb Gatherers for the past twenty-five years, a Member at Large of the Herb Society of America, a Master Gardener for the past seventeen years, a member of the Norristown Garden Club, and is a graduate of Temple University with a degree in garden design.

The presentation will be held in the Classroom Building at Pennypacker Mills. Signs will direct attendees to an adjacent parking lot. Refreshments will be served. Plan to stay afterward for a Q&A with Irvin. This is a free program. Participants should feel free to take a tour of the Pennypacker mansion afterward, which is also free and includes the new exhibit, “*What’s the Bright Idea: The Evolution of Lighting.*”

Pennypacker Mills is operated by the Montgomery County Division of Parks, Trails, and Historic Sites. The site is located at 5 Haldeman Road in Schwenksville, PA 19473, and open year-round for guided tours, education programs, seasonal events, changing exhibits, and special presentations.

For more information on this and other programs, please call 610-287-9349 or email PennypackerMills@montcopa.org. Visit Pennypacker Mills online at: www.montcopa.org/pennypackermills.