



NEWS

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RELEASE: April 4, 2014

Montgomery County Health Department Recognizes National Public Health Week 2014

Norristown, PA (April 4, 2014) – Every April, for nearly two decades, public health professionals have been uniting communities all over the nation to celebrate National Public Health Week (NPHW). This year, NPHW will take place from April 7-13. The focus will be guiding communities through the evolving public health system with the theme “Public Health: Start Here.”

The public health system that keeps communities healthy and safe is changing as technologies advance, public attitudes toward health shift, and more health and safety options become available through policy changes. Public health professionals and their partners are the guides of this complex system, helping communities navigate the many choices along the way. The goal is to improve the health and wellness of the whole community.

As part of NPHW activities, the Montgomery County Health Department (MCHD) would like to commend their public health partners, who aid in that goal. MCHD proudly recognizes the efforts of the Montgomery County hospital systems and healthcare providers, long term care facilities, educational institutions, emergency medical services, fire, police, and public safety personnel, and the community agencies and organizations.

“I am so proud of the partnerships between our County departments and our community partners. Their efforts enhance the health and well-being of the people who live and work in Montgomery County,” said Josh Shapiro, Chair of the Montgomery County Board of Commissioners. “We all have a role to play in making our communities healthier places and the Montgomery County Health Department is working with their partners to make changes that benefit us all.”

To get started, NPHW 2014 breaks down these changes into daily themes to make the transition easy to understand and navigate. For more information, please visit: <http://www.nphw.org/>.

- **Monday, April 7:** Be healthy from the start: From maternal health and school nutrition to emergency preparedness, public health starts at home.
- **Tuesday, April 8:** Don't panic: Disaster preparedness starts with community-wide commitment and action.
- **Wednesday, April 9:** Get out ahead: Prevention is now a nationwide priority.
- **Thursday, April 10:** Eat well: The system that keeps the nation's food safe and healthy is complex.
- **Friday, April 11:** Be the healthiest nation in one generation: Best practices for community health come from around the globe.

Whether it's through research, data collection, health education, policy change, or direct services, public health lays the foundation and creates the conditions that put healthy choices within reach. To learn more about public health programs and services throughout Montgomery County, please visit www.health.montcopa.org and follow the [Montgomery County Health Department](#) on Facebook.