



NEWS

MONTGOMERY COUNTY BOARD OF COMMISSIONERS

VALERIE A. ARKOOSH, MD, MPH, CHAIR
KENNETH E. LAWRENCE, JR., VICE CHAIR
JOSEPH C. GALE, COMMISSIONER

Contact: Lorie Slass, 610-278-3061
Kaitlyn Foti, 610-278-3062

lslass@montcopa.org
kfoti@montcopa.org



FOR IMMEDIATE RELEASE: March 21, 2017

Spring Wild Edible and Medicinal Plants at Lorimer Park *Sunday, April 2, 2017 at 2:00 pm*

Huntingdon Valley, Pa (March 21, 2017) - Join the park naturalist at Norristown Farm Park on Sunday, April 2, 2017 at 2:00 pm in a search for wild edible and medicinal plants. Early spring is the best time for harvesting wild greens. Learn about the history of their use, the nutritional value, how to prepare wild greens for eating and what plants to avoid.

This is a free program suitable for adults and children ages 12 and older. Pre-registration is required. To pre-register please call 215-947-3477 or e-mail lorimerpark@montcopa.org.

Lorimer Park is located at 183 Moredon Road, Huntingdon Valley, PA 19006. Meet in the classroom.

Visit Lorimer Park online at: www.montcopa.org/lorimerpark.



Herb preparation

Photo by Ruth King, Environmental Education Specialist
Montgomery County Parks, Trails, & Historic Sites